



Paper Pieced Heart Block

Free pattern from RockingChairQuilts.com Feb 23rd, 2023

Today for @modafabrics #handmadeheartaday we are sharing a printable PDF for a foundation paper pieced heart block.

Print page 3 which is a foundation for a 6" finished heart. If you've never foundation paper pieced before, there are MANY good YouTube Tutorials and quilting blogs with how-to instructions for foundation paper piecing. Here is one to try : Angela's Foundation Paper Piecing Tips | Rising Star Midnight Quilt Show

<https://www.youtube.com/watch?v=YkBcjlicMu0>

If you want blocks larger than 6", you can enlarge your printout with a copier/printer. As long as your original printout or enlargements are CONSISTENT it doesn't matter what size they actually are, just that they are the same. If you want accurate 6" finished blocks, be sure to check your settings when you print the block. In your printer settings make sure Page Scaling box is turned off (or set to 'none') don't choose Fit to Printable Area or Shrink to page.

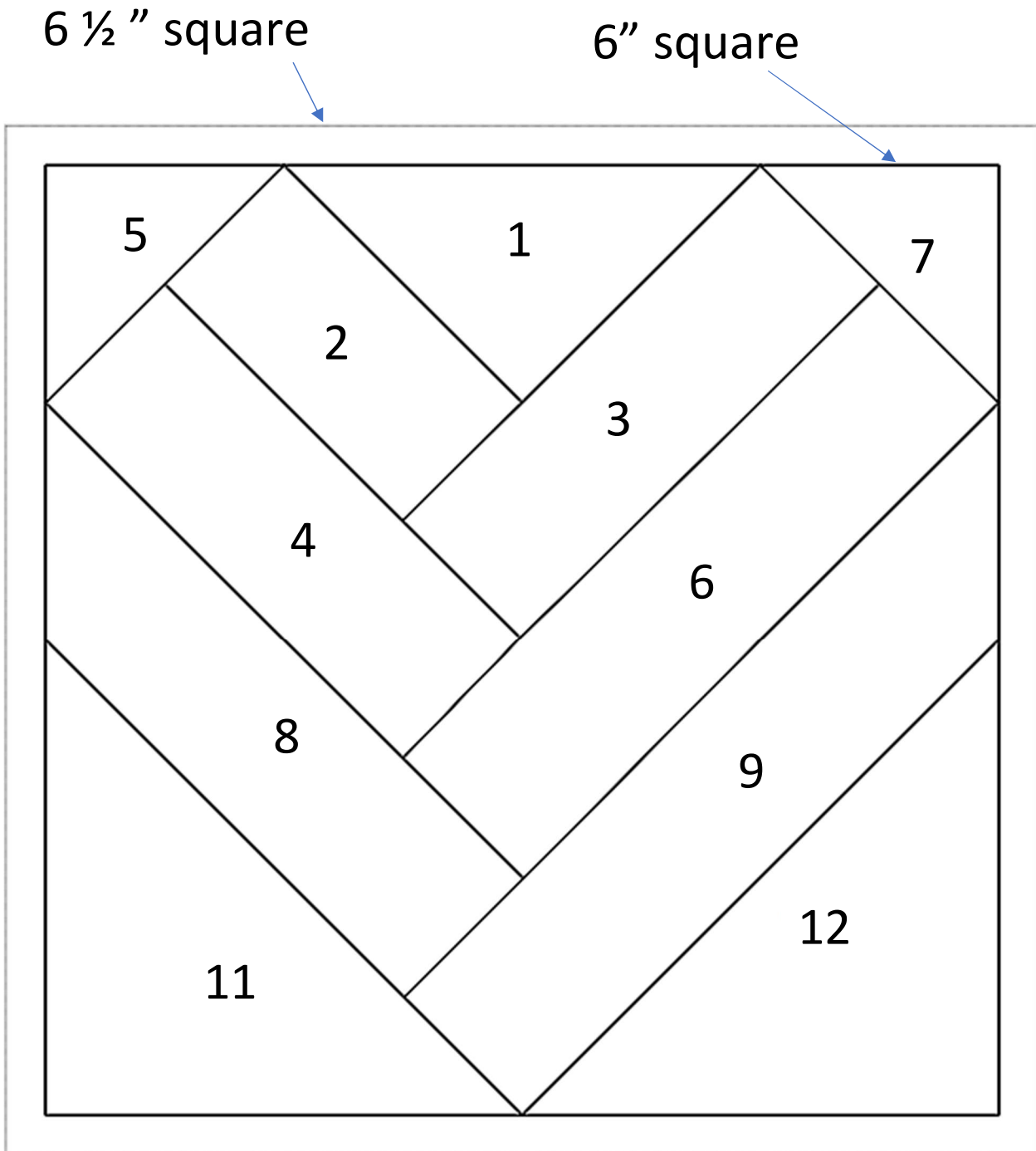
After you print out your block (page 3) check with a ruler to see if the outside line (the lighter line) measures 6 1/2" and the darker, heavier line (finished size of block) measures 6".

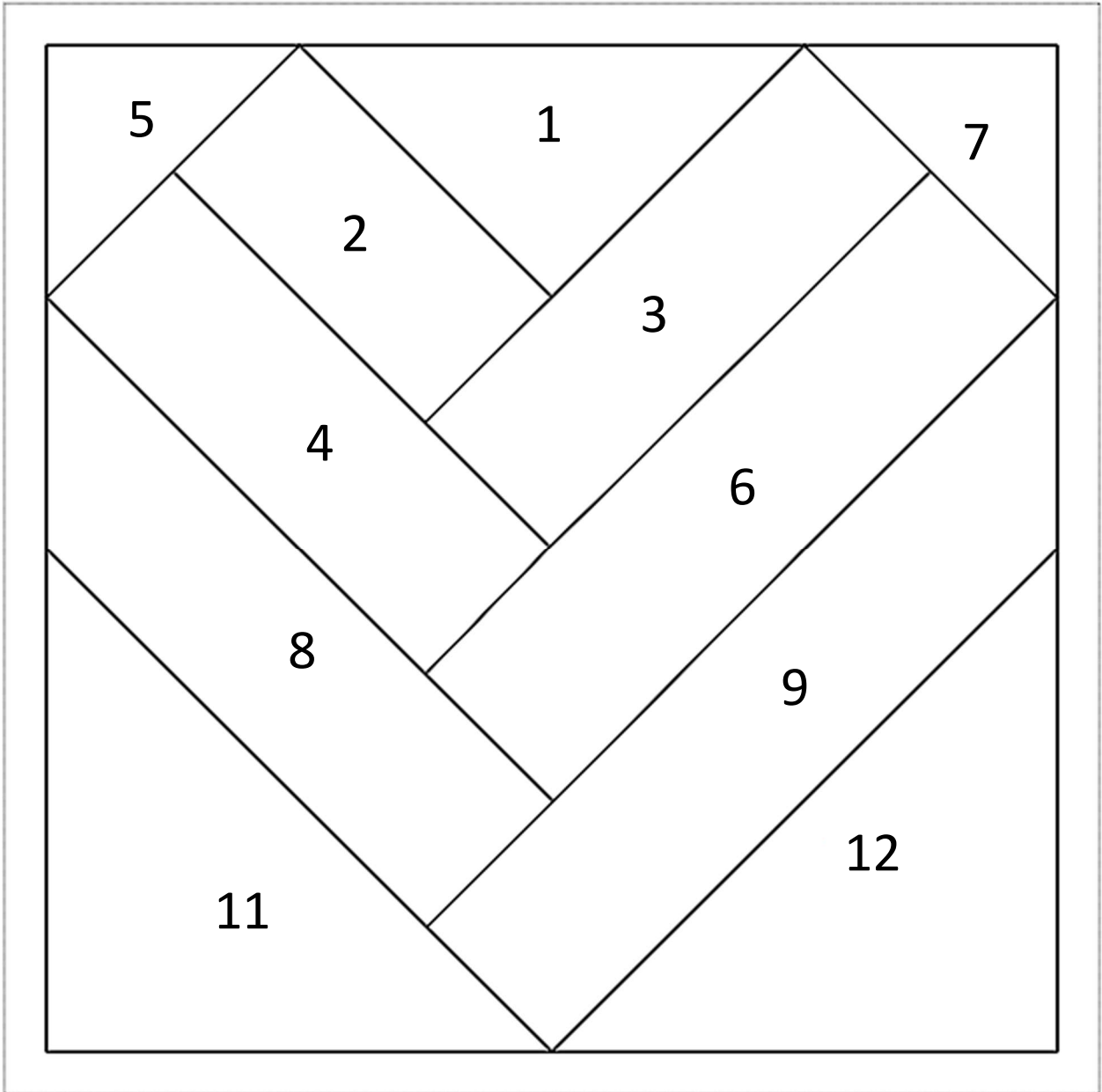
If not adjust your reduce/enlarge settings on your printer accordingly.

TIP: When printing out your foundation papers, use the lightest weight (thinnest) printer paper you have around. When you are finished with your block the paper will need to be torn off, and the thinner, inexpensive printer paper usually tears off more easily.

TIP: Remember to set your sewing machine stitch length smaller than normal so that your stitches are less likely to pull apart as you remove the papers, I use 2.0 stitch length for paper piecing. Sometimes even set it at 1.8 if my threads are coming loose when removing the papers.

After printing check block size with a ruler.







Want to Learn to Foundation paper piece?

VISIT THESE RESOURCES:

Angela's Foundation Paper Piecing Tips | Rising Star Midnight Quilt Show

<https://www.youtube.com/watch?v=YkBcjllicMuo>

Fons & Porter: Sew Easy, Paper Foundation Piecing YouTube Video

<https://www.youtube.com/watch?v=ZJM6QJbBgE0>

Foundation Paper Piecing with Add A Quarter Ruler https://www.youtube.com/watch?v=ilpLlOB_hn4

Foundations of Foundation Paper Piecing Blog by the Weekend Quilter <https://the-weekendquilter.com/blogs/blog/foundations-of-foundation-paper-piecing>

Foundation Paper Piecing Tutorial for Beginners from Melissa at the Polka Dot Chair blog

<https://www.polkadotchair.com/foundation-paper-piecing-tutorial-free-kite-paper-piecing-pattern/>